

RISE IN POWER
WITH



SACRED ANGEL
ATTUNEMENT

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THREE POWERFUL ATTUNEMENTS FOR YOUR NEXT
LEVEL-UP ASCENSION, CLARITY, MAGIC &
MANIFESTATION.

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SACRED ANGELS

The World is awakened to these great beings of the Cosmos, but not everyone has connected to the true power of these Cosmic dominations.

The simplest definition for Angel is, they are cosmic beings who are in total & absolute communion with the Cosmic Creator. Whichever hierarchy the Angels may be placed in, from Seraphim to Principalities or Angels, they all have a sacred connection to the Creator.

These cosmic spirits also have a strong association with us as our star family, and when summoned in various capacities, can help us find our way or whatever else we're seeking in that moment.

From the higher consciousness perspective, our skin, our internal organs, our etheric body, chakras as well as our DNA, are all under the direct supervision of various cosmic spirits. We can also say that our body/bodies are all Angels. This is one of the reasons whatever we say, think, or believe comes true to life.

In this e-book, we will be focusing on the practical applications of our own inner power of Angels and that of the cosmic energy in which they reside. All these three attunements will help you rise into your power with a deeper connection to the Angels.

SACRED ANGEL ATTUNEMENT

Attunement is a word of higher caliber in context to our spiritual life and spiritual space. Like every other word, this also has a metaphorical meaning when used from a spiritual perspective.

In the dictionary, “Attunement” is described as “to bring into harmony, or to make aware or responsive”. In the context of spiritual progression, Attunement is the way one channel/vehicle (teacher-mentor-coach-practitioner-healer, it can be anybody who has got their own attunement) places the power of the cosmos so another can access the same frequency.

With Sacred Angel Attunement, you will be handhold in becoming the right capacity or vehicle for the magical powers of the Angels. This can become the only transformative journey you may need to take to raise your vibrations without any chances of going back to previous toxic cycles.

These practices explained will create a vehicle, a space within your system, which will be able to hold power without fear or doubt. This is your system accepting, acknowledging, and acting in Divine union with the Cosmic Spirit.

WHY DO WE NEED SACRED ANGEL ATTUNEMENT?

We're multidimensional beings and our choice of life-play happens to be 3D heavily dense reality. When we are living on this plane in a physical body that is as dense as this Planet, our multi-dimensional reality takes a back seat.

Another important factor to note is our plan of joining this plane. It's not only to attract suffering but to master suffering & pain which are hidden in our own system of DNA and cells and rise above them realizing our multidimensionality and the powers that come with it.

When both these facts are taken into consideration we know we're played off in a harsh frequency and we not only have to realize our potential as energy beings but have to live it every day in situations and with people who don't support it and can go to any length to break that connection.

If you don't believe it, leave your daily practice just for 15 days and see how that affects your reactive capability, your inner peace, and your propensity to go back to your past hurt. Even if your practice is based on years, we're still facing situations and people who are out of alignment,

we're still connecting closely every day with them and losing our energy, our connection.

This isn't even a "bad" thing, because our ascension, our energy is to help everyone who hasn't found themselves yet, but the truth is we are constantly "sharing" our energy with them and if we're not replenishing it the right way, the challenges for us will increase exponentially.

As a Soul-attuned personality, we need that powerful dose of what we call "attunement", to come in tune with our own reality and keep using the attunement so this dense reality doesn't suppress our truth, our SELF.

When you go through these attunements, always favor yourself with a few days of assimilation and recognition of the energy, first within you and then when you start seeing changes in your World. During the shifts brought about by the sessions, if you need any help or have any questions, contact Paulami immediately.



SACRED ANGEL ATTUNEMENTS

SACRED ANGEL ATTUNEMENT FOR RELEASING HARMFUL SOUL-CONTRACT

When we decide to be born on any plane of existence, we also decide how we're to learn and grow there. These learnings mostly happens in the form of harmful human relationships. In my own journey with clients for a decade, I've seen that even if my client is a high-vibrational human, and has acknowledged the lesson coming from an abusive relationship they weren't able to release it soon.

It's because even when the Soul-Contract has been terminated on the higher plane, because of the denseness of this plane and attachment the person has to go through constant karmic loops of challenging situations due to the relationship/s.

If this is you or any of your friends, then the release is here with the Sacred Angel Attunement. This attunement can help you create closure in a relationship, which can manifest as you not getting bothered by them ever again, and/or you terminating the relationship, but if you want to continue with it, then this attunement it can help you clear the bond between the both of you.

Harmful Soul Contracts can be between partners, between you & your Parents, you & your bff, you & your colleagues, seniors, or business partners.

These kinds of contracts can be used in any relationship to help you experience some inner shadows that are already marring your system and thus highlighted you're now able to look at them and release them.

THE PRACTICE:

List down the names of people you want to release or terminate your harmful soul contracts with.

Use a day to analyze why you have had a difficult relationship with these people, what have they done, and what you've done that has deepened the hurt, sadness, and anger in the relationship.

List down how you feel when you think about them, one by one.

As you become clear in your mind & brain and consciousness about the distortions present in the relationship, it'll be easier to terminate the Soul Contract.

For this practice use only 1 relationship or person at one time.

We will be requesting attunement from Archangel Metatron.

Archangel Metatron has been generous enough to help me connect with them at their highest vibration.

You can also know them as the path between your Soul to your Higher-Self.

The day you want to receive the attunement, sit at a comfortable place that is free of disturbances.

As you sit comfortably, ponder on today's task you've committed yourself to, and if necessary acknowledge the fear and doubt you're feeling right now.

It's okay to feel that way, it's okay to know you're scared, and it's okay to be here now.

Close your eyes slowly, focusing on the top of your head, the crown.

We're connecting to Archangel Metatron and their path through this process.

Imagine a sparkling white-magenta light moving clockwise & anti-clockwise at your crown.

This is the presence of the powerful archangel Metatron.

Visualize and sit there, feeling this movement of light in your body, skin, and brain.

Now, use your Journal and a red pen to write the following prayer,

“Archangel Metatron, bearer of my Soul-Contracts, I’ve done my best to grow and evolve in your power, and be who we wanted to be through this incarnation.

Please end this contract, this bond between me (your full name) & (full name of the person) so that we are free of all that is harmful, challenging and creating disalignment within our Souls.

For our highest good and to up-level us both from this low vibe relationship across, all timelines, spaces, realities, and dimensions.

Thank you, in full faith & so it is”.

Now listen to the following session and receive your Attunement with Archangel Metatron:

“Sacred Soul Attunement with AA Metatron - Release harmful Soul-Contracts”

After you have completed it, come back to your journal and write down this gratitude prayer,

“Thank you, Archangel Metatron, for dissolving this harmful bond across, all timelines, spaces, realities, and dimensions, while restoring light, love, healing, and alignment with my Soul.

I thank you again & again.

In full faith and so it is!!!”

SACRED ANGEL ATTUNEMENT FOR RELEASING POVERTY MINDSET

Our relationships affect us from Root to our Third Eye, so working with them first clears a lot of junk (energy that isn't ours to carry) within our system, mostly in our nervous system.

Now we can move step by step to other aspects covering our holistic Self. The first step is working with poverty consciousness, and this is related to our Root, Sacral & Navel all the areas of creation, birthing, ideas, and connection.

When our subconscious is marred with poverty codes, we are into imposter syndrome, people pleasing, never prioritizing ourselves, and letting life take over and drifting through all of it. We're always scared to do things, doubtful of people and situations, and always find the negativity first than the positive aspects, cry hoarse about the strong scarcity belief system in us.

Financial issues happen a lot later, but the first indications are clear in our thoughts & feelings.

THE PRACTICE:

Using a journal is a good idea for this practice.

Sit comfortably where you will be undisturbed for the next 40 or so minutes.

The first thing is for you to decide, what your triggers of a scarcity mindset are, and write them down in your journal. Also, a dwindling bank account, debts, or failed financial manifestations comes under the symptoms of a scarcity mindset.

Now to make our brain clearer about our desires and manifestation, write down a few intentions, like how much money you want within the next 3 months, what kind of new thoughts and feelings you'll like to entertain et all, as if they have already happened (present tense or present continuous tense).

Prioritize these desires, by making a list.

For the first desire create a claim with the prayer below, by writing it down and saying it aloud, (the grammar may feel

odd, but that's because we're not going for a correct sentence but words that will affect our subconscious and brain, so stick with me).

"(Your intention) I am open, receive my divine blessing, reach my desires, and call-in my successful manifestation, now!!!

In full faith, & so it is".

As you claim it, visualize your body full of light golden pink energy.

Feel it, breathe it, taste it.

When done, listen to the session and receive your Attunement with Archangel Chamuel:

"Sacred Soul Attunement with AA Chamuel - Release Poverty-Mindset"

After you complete the attunement, start feeling wealthy, and confident with defined boundaries, feel your worth, and start acting like it. If you can't the attunement will fail, so be on it!!!!

You can also journal who you're when you are wealthy and how you behave, and then start acting/embodying the wealth.

SACRED ANGEL ATTUNEMENT FOR RECEIVING COSMIC BLESSINGS

Our heart center is one aspect that can hold a lot of grudge, unforgiveness, and hatred creating heart diseases like cholesterol, uncontrolled blood pressure, and an unhealthy blood system, while also affecting our finances. Without heart attunement, we can't create anything, nor attain our own power & the life of our dreams.

It's not like anyone is bad for holding grudges, and hatred. Most of the time either we're hurting inside which creates a judgmental attitude and a false world of anger & resentment toward others who seem to have it all, or maybe we've been hurt so badly that we haven't been able to pull ourselves out of that rut.

Whatever the case, anger, resentment, and grudge create issues/ diseases in us, which is why the delay in our expansion, the delay in progress, and alleviating our life.

Without attuning our heart center nothing can be truly manifested.

THE PRACTICE:

Archangel Raphael is our superpower to connect with this attunement.

Sit in a comfortable place that is peaceful and devoid of any disturbances.

Feel your breath and focus on it to ground and center yourself.

When you feel calmer & settled, read the invocation shared below out aloud (ignore the grammar, the system is to affect your subconscious and whatever you say the Divine Presence & Archangels already know how to interpret it),

“Mighty I AM Presence and Archangel Raphael, I am now open, fully & completely surrender, embodying my Divine Image. I am ready, let go of all anger, unforgiveness, hatred, jealousy, and frustration, my heart and my system is together Divine, allow your magic, flow and cleanse, reach momentum, clearly establish my I AM presence.

Amen & so it is!!!!”

Feel the effect of the invocation.

Follow this Link for attunement –

[“Sacred Soul Attunement with AA Raphael: Receive Cosmic Blessings”](#)

After the attunement is done, practice the following exercise to let your energy assimilate and integrate its complete power.

Stand with your feet firmly on the ground.

Keep your legs a little bit apart

Your hands should be by your side, palms open.

Now relax and let your knees bend just a little so your pubic bone is stretched upwards.

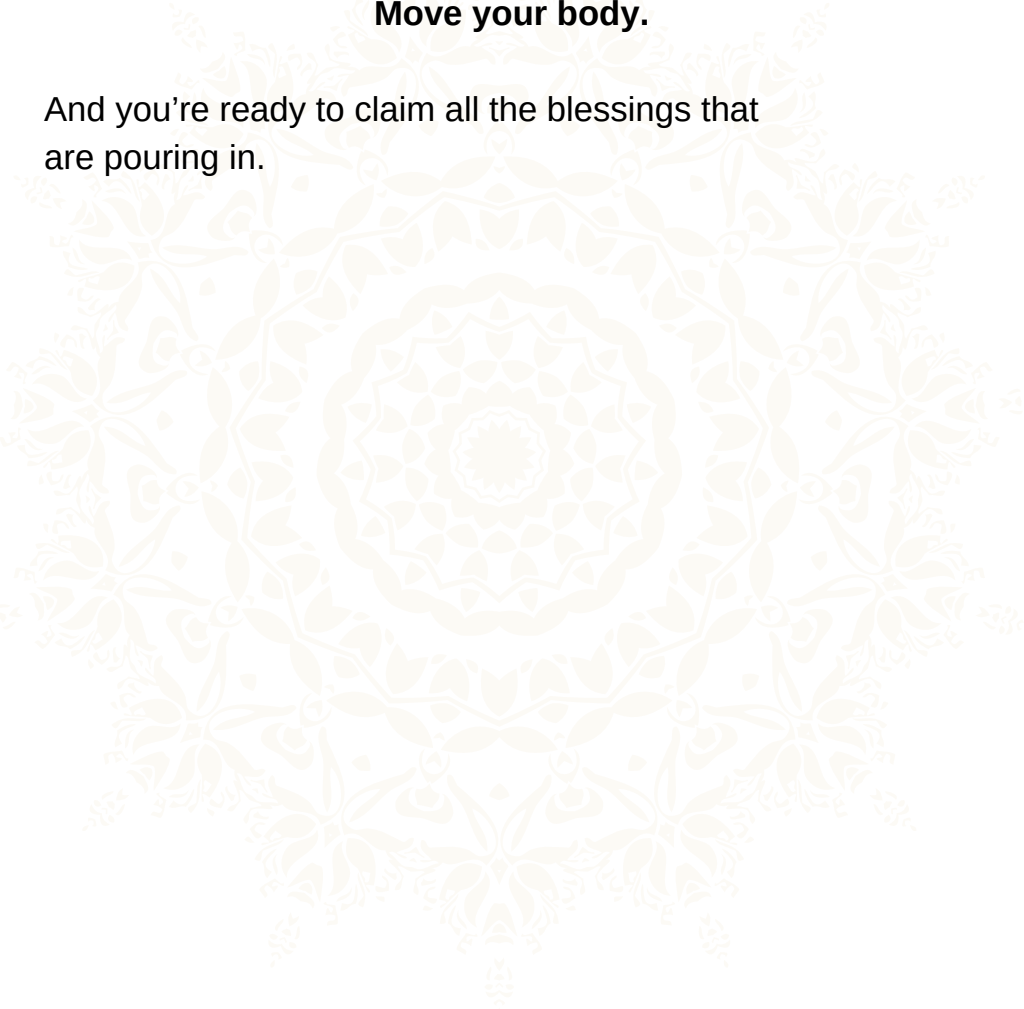
Visualize a strong powerful whiteish-blue bolt of current that has pillar-like width and is pouring down through your crown into your body, spreading through every part and then leaving the body from your root & perineum and going deep into the ground.

Feel the connection with the higher frequency, your body, and the Earth’s frequency.

Inhale exhale with force and then slow down.

Move your body.

And you're ready to claim all the blessings that
are pouring in.



HOW TO MAXIMIZE THE EFFECT OF ATTUNEMENT SHIFT

After the attunements, your senses will be better active than before and it goes for your physical as well as multi-dimensional senses.

Being aware isn't a daunting situation, what we make out of it and how many fearful thoughts we add to it can create complexity.

The best possible way is to be thankful for every day with these attunements.

Rather than overthinking, act on your intuitive nudges which will be stronger than earlier. Don't overlook any idea or information coming to you now, just because you feel it's not "practical" or because no one else is doing them. Your inner channel is attracting all ideas based on your highest & best potential (that you are).

Don't strengthen the veil of Maya by disregarding your intuitive feels.

Keep up with your daily practice. Just because you undergo

a high vibe energy practice doesn't cancel your daily rituals, but adds to it multiple times. Don't disrespect your practice now because your practice will strengthen the attunement further in your SELF. It'll also make your aura a thousand-fold more magnetic to the right circumstances and opportunities, than earlier.

Always maintain boundaries with people and situations you have released harmful soul-contract with if, you are still in connection.

Don't share details of the kind of messages and the ideas that will now flood you, as they are sacred until you manifest them in this 3D with followed-up actions. You don't want to let unknown energies into the sacred space.

Know well with whom you're being intimate as now you'll absorb energy more readily than ever. So the important thing can be sticking to your partner (if you already have one), or if you are single then practicing discernment with intimacy.

Your need for intimacy may increase, and you can use tantra to harness the energy that's now available to you.

Journaling every day about the changes you're experiencing after the attunement/s can be a very good idea for strengthening the shift in your subconscious so it keeps acting like your superconscious.

Using a saltwater bath now & then can be a very good idea.

You will feel more energized, motivated, inspired and angrier, irritated, frustrated even. Practice channeling all these emotions for your highest & best good.

Your dreams will be more vivid, so having a dream journal is a good idea. Use tarot or oracle to find meanings of your dreams as they can have important messages for you.

Exercising daily, or even just walking will continuously move these powerful energies throughout your body with your blood which will then create many healthy new etheric cells, that will strengthen your aura for more amazing results.

Print the prayers shared with you and stick or place them around your personal space (your room/bathroom/desk), and you can read them whenever you feel like it. It will strengthen your core to the shifts and transmutation happened already.

ABOUT PAULAMI

Paulami is Soul-attuned healer, spiritual mentor, researcher & teacher focussed on creating spaces, practices to embody the Soul, so we can live a life of integration of our highest potential, in all aspects.

She is the founder of Soul-Innovations Studio and creator of Decoding Wellness with the mission of connecting everyone to their own superpowers, because that's the only way to our greatness!

Through her NDE and subsequent healing and the dark night she went through, her superpower came to fore like a gift shared with her by her Soul-team. Her greatest passion stems from there, which is seeing the unseen potential in others, untapped and unexplored, waiting to find an expression.

You can reach her at hello@paulamidas.com or DM her on her socials.

[Awakening Manifestation](#)